



Practical Ways to Keep Your Family Together



Seventh-day
Adventist Church™

Trans Pacific



A BUNDLE OF PRACTICAL WAYS TO KEEP YOUR FAMILY TOGETHER

Topic	Objectives	Target	Delivery Mode	Outcome
A bundle of practical ways to keep your family together.	To help families build strong relationships that can withstand challenging times. -Families can use this resource to make disciples. -So that the next generation can do it right.	<ul style="list-style-type: none"> - Reaching your immediate family. - Reaching families in the Church. -Reaching families who have left the church. -Reaching families who are not in the Church. 	it will be delivered in a Booklet.	Strong families who are actively in Discipleship, making disciples for God.

PRACTICAL WAYS TO KEEP YOUR FAMILY TOGETHER



“The presence of Christ alone can make men and women happy. All the common waters of life Christ can turn into wine of heaven. The home then becomes as an Eden of Bliss; the family, a beautiful symbol of the family in heaven.” [Adventist Home, p. 28]

In this booklet you will have 4 practical ways that will keep your family together. It comes to you with much prayer to be in your hands as a tool to help your family grow stronger in your relationship with each other and with God as you serve your families outside of your inner circle.

STEP 1: WORSHIP TOGETHER

– Take time each day for family Worship.

We all can agree that having family worship together is important. But it is difficult for many families to have worship at home on a regular basis because of busy schedules, lack of time and lack of commitment. Have a family worship that is short and uplifting. Pray together with your children and your spouse.



RESOURCES YOU CAN USE HERE MAY INCLUDE:

1. The Following Jesus Discovery Bible reading for kids to read passages from the Bible for your Family Worship time.
2. You can use the TPUM Family worship resource.
3. Use your resources like your Bible, Children's Sabbath School Lesson and Children's Bible Stories, Adult's lesson, Morning Watch pamphlet, TPUM devotional Book and other resources that you may have or created.

MAKE FAMILY WORSHIP FUN AND ALIVE BY:

- Keeping the kids involved with a fun activity or object lesson, drawing a picture using sand or building Noah's boat, etc.
- If the kids are bored, don't give up, find something new.
- If the kids have a hard time sitting down, get them up with some activity. For example sing an action song like Father Abraham.
- Try to include as many of the senses in the worship experience, touch, smell, taste, feel and see.
- Reinforce the application in your story throughout the week after devotion.

Make prayer a central part of worship and let the family be sent off in the morning with prayer and at night conclude with prayer.

Let our prayer be, *“Take me, O Lord, as wholly thine. I lay all my plans at thy feet. Use me today in thy service. Abide with me, and let all my work be wrought in thee....”*



STEP 2: TALK WITH AND PRAY FOR YOUR CHILDREN

Family is one of the most important parts of our lives for it gives us identity and a sense of belonging. Parents it's important that you talk with your children. Ask them about school, their social lives, and their spiritual development. Share experiences, memories, feelings and needs.

These kind of talks build bridges between each other. Sharing the ways that God has led in the past is an important part of faith development in children as well. Bring them words of encouragement. Pray for them every day.

Activities may include:

TABLE Acronym:

T - Talk

A- About

B - Building

L - Life

E - Everyday

This activity can happen around the table while eating or anywhere else and Topics may include questions/discussions about:

- God
- Family
- Community
- School
- Work

And other important Topics about life

PRAYING FOR YOUR CHILDREN:



The **ABC** of Prayer:

A – is for Ask – Matthew 7:7

B – is for Believe – Mark 11:24

C is for Claim – 1 Corinthians 15:57

Bible Text you can claim when praying for your son:

- . Proverbs 17:25 – Wise choices.
- . Proverbs 1:8-9 – The ability to listen.
- . Psalm 119 9-10 – The Path of purity.
- . Proverbs 12:26 – To choose Good friends.
- . Psalm 27:5 – For Safety and protection.
- . Galatians 1:10 – Peer pressure.
- . Hebrews 13:4 – A pure marriage in Future.
- . Luke 4:8 – A devotion to God.

Bible texts you can claim when praying for your daughter.

- . John 11:25-26 – Assurance of Salvation.
- . Philippians 2:3-4 – A humble heart.
- . Psalm 5:4 – Her prayer life.
- . 1 Timothy 2:9-10 – Modesty and Goodness.
- . 2 Peter 1:3 – A Godly life.
- . Matthew 18:12 – When she wanders.
- . Deuteronomy 31:8 – Courage in times of troubles.
- . John 15:4-5 – Dependence on God.

Bring them words of encouragement. Tell them you are praying for them. Pray with them on the phone, or in person. Prayer helps your children know that you rely on God, and by modeling prayer, it tells them that they, too, need to rely on God.

STEP 3: PLAY TOGETHER

– Plan Special times together

Plan far in advance for special family activities like:

- . Picnic
- . A family night at home
- . A family game time
- . Family Health activities like exercising, healthy cooking etc.
- . Taking your spouse or children to dinner or other family activities.

If you are not intentional about creating activities, you'll go through life without much interaction with your family.

Responsibility or Activity	Personal Responsible
Preparation/Set up of family room	Tom
Devotion/Special items	Doris
Food/Drinks	Mum & Serah
Games/Quizzes/Riddles	Dad/Tom/Doris
Reflections/closing prayer	Dad/Serah

Plan family vacations together, allowing everyone to help plan a happy time, rather than stress-filled events with no time to enjoy each other. The most important thing is that each family is unique and special in the eyes of God. That is worth celebrating. As a family, to do that together is so important.

STEP 4: WORK TOGETHER

– The Family that Works together, stays together

The real function of the family is to be able to help its members to communicate, to be able to handle conflict, and to be committed to growth in all its areas, forever... from here to Eternity. That implies an ability to assess family strengths, to sort out roles and abilities and that is done by working together. Researchers have found that strong families have similar characteristics and that is shown in the way they do things.

FIVE WAYS TO GET YOUR FAMILY INVOLVED IN WORKING TOGETHER AT HOME:

1. Make service to other members of the family a family affair.
2. Talk about it.
3. Involve everyone especially children in a regular basis.
 - Make daily rosters of Home Responsibility for everyone
4. Make sure everyone is actively involved in service to family members.
5. Use everyday opportunity to teach kindness in the family by working together.

“Every home should be a place of love, a place where the angels of God abide, working with softening, subduing influence upon the hearts of parents and children.” [Adventist Home, p.18].

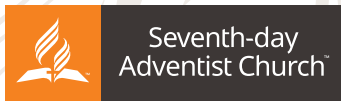
In the end, let us keep our eyes set on Eternal realities. When we get to heaven, God won't ask us about how much work we did in the church, as good as those things are, that won't be the primary focus. He will ask, "What did you do with your family? Where is your little flock?"



Let's remember that the family that worships and prays together, talks together, plays together, works together is the family that stays together.



Let's keep working at it!



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