

③ Be his/her friend



One of the areas we find most of our young people is on social media.

Therefore, for us parents, it is important to be his or her friend on social media. However, you will have to promise not to comment on things but you are allowed to "like" what they post occasionally.

It is a great window into their world, especially if you do not overreact to what you see there but willing to discuss openly. Let them have their freedom, unless you have a real reason there is no need to censor your teen, however, let them know you are concerned and you need a little reassurance from them.

③ Sit down and talk about their issues to be sure your concerns are met.



Remind them how special they are and practice unconditional love no matter what. Tell them how proud you are of their unique personality, however, avoid over-praising them but take notice of when they are working hard on something even if they are struggling. Commend their effort and perseverance. However, it is necessary for us to continue to talk to Jesus in prayer before, and always for His Spirit to lead your teenage kids daily.

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SIMPLE WAYS TO

Talk To Your Teenager's

SIMPLE WAYS TO TALK TO YOUR TEENAGER



How can you foster a meaningful conversation between you as a parent and your teenage kids when they are two different worldviews and two different perspectives? While there is a giant, disconnection sign that can make communicating between our teenage and us as parents kids a real mystery.

HERE ARE SOME SIMPLE WAYS YOU CAN TALK TO YOUR TEENAGE KIDS:

1 *Before you start any conversations: pray then listen and pay close attention to what your teen says and does.*

Through prayer, you can encourage and connect our young people to follow God in all things and become the change that they want to see in the world. Teenagers often communicates more in actions than what they may seem to be saying on the surface. Take note of their body language and tone of voice.

2 *Ask: what was the best thing about your day in school? At work.*



Teens can be guarded, but simply asking questions in a casual, friendly way will help them realize that you are interested in their day-to-day life.

Be specific in your questions to encourage real answers. Parents: Get used to be your teenage kid's sounding board.

If we as parents are good listeners, our teenage kids will share their problems with us. They do not want us to step in and solve their problems—they need us to listen, and ask a few questions help them make better decisions for the challenges they faced.

3 *Do things together*



These can happen when we allow ourselves to do things together such as

camping, moving, fishing, even working together. Let your team be the DJ! Teens are developing their taste in books, movies and music; it is a big part of their emerging identity. Even if you do not particularly enjoy the music, their taste in tunes is a telling window into their thoughts and emotions. It give you something to talk about.

If your teen is into working out, ask if you can join her. If your teen unwinds by shooting hoops in the back yard, go out and join in, even if you have not played basketball in years. Parents host your teenage friends at your home or invite them for family outings or camping this shows you have an interest in getting to know their friends.

Ask your teen to teach you something. You would be surprised at how much your teen know that you do not know.